



## *Arkansas Alpha Phi New Member Program*

Alpha Phi has always placed the utmost value on our new members and providing them with an engaging member experience. Our new member program at Sacred Heart University would be new members' first step in a lifelong commitment to Alpha Phi. The six-week new member education program is based on imparting the ideals of our organization to new members so that we can welcome them fully into our sisterhood upon initiation. This is accomplished through a balance of educational programming and fun activities that allow new members to get to know one another and bond.

Alpha Phi is a sisterhood founded on mutual love and respect, and Alpha Phi will not tolerate mental or physical hazing of any member. All new members are provided a copy of the New Member Bill of Rights. New members discuss risk reduction, hazing, alcohol safety, diversity, equity and inclusion at meetings.

Sacred Heart Alpha Phis would complete the following educational programs during their time as a new member:

- Hazing Prevention
- Step Up for One Another: Bystander Intervention
- Understanding Self & Others
- Alcohol Safety
- ScreenU
- Preparing for Academic Success Series (PASS)

You can access the sample Sacred Heart Alpha Phi new member notebook on our website through our QR code!

# Sacred Heart New Member Program Outline

## **Week 1 - High Ideals**

- New member and Alpha Phi orientation
- Committees
- Member expectations

## **Week 2 - Moral Character and Genuine Culture**

- Our commitment to care for one another
- Understanding risk

## **Week 3 - Sympathy and Understanding**

- Overview of Arkansas health and safety resources
- Alpha Phi's risk management policies, procedures and best practices
- Judiciary Boards and accountability

## **Week 4 - Inspiration and Opportunity**

- Membership journey
- Officer structure
- Alpha Phi programming

## **Week 5 - Love and Loyalty**

- Generosity
- Service and philanthropy events
- Alpha Phi Foundation
- Officer elections

## **Week 6 - I Believe in Alpha Phi**

- Alpha Phi History
- Ceremonies
- Phi Family Reveal